

USING PERSONAL PROTECTIVE EQUIPMENT (PPE)



Gloves protect you against infections.

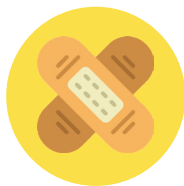
However, once they are used, gloves can become a way for spreading infections to yourself, clients or environmental surfaces. That's why it's important that you use gloves properly to lower the risk of infection.

WHEN SHOULD YOU WEAR GLOVES?

You should wear gloves if you think you will come into contact with:



BLOOD



**SKIN WITH
A WOUND/
RASH**



**MUCOUS
MEMBRANES**



**BODILY
FLUIDS**



**POTENTIALLY
INFECTIOUS
MATERIAL**

STEPS FOR GLOVE USE

- 1** Put on your gloves right before the activity when you need them.
- 2** Remove your gloves as soon as the activity is completed.
- 3** Change your gloves between different activities for the same client.
- 4** Always carry a pair of gloves with you when volunteering.

SAFETY TIPS

- DO** remember to stay within your Scope of Practice as a volunteer.
- DO** change gloves often when very dirty or if torn.
- DO** use proper technique to wash your hands as per Circle of Care's Hand Hygiene Policy.
- DO** make sure you choose the right size glove for a good fit. If the gloves are too big, it is easier for germs to get inside your gloves. Gloves that are too small are more likely to rip.
- DON'T** touch the outside of your used gloves with your bare hands. Use proper glove removal techniques.
- DON'T** touch environmental surfaces (door handles, countertops, etc.) with used gloves.
- DON'T** touch your face or adjust PPE with used gloves.
- DON'T** reuse gloves once they have been removed. Throw away your used gloves in the garbage.

All PPE supplies including gloves can be obtained from Circle of Care by calling the volunteer department at 416-635-2900 x284. Supplies should be replenished often and as needed.